1st Annual Pediatric Update 2026

Theme: Pediatric Emergencies: From Evidence to Decision

07th & 08th AUGUST 2026

Venue : UNIVERSITY OF CHILD HEALTH SCIENCES, THE CHILDREN'S HOSPITAL, LAHORE

A Collaborative Effort of UCHS, PPA & APPNA-PEDS



Advancing Emergency Care for Children

From Evidence to Decision

Pre-Conference Workshops:

6th August 2026

Main Conference:

7th-8th August 2026

Hybrid Conference: Onsite & Online Participation Available

Organized by

About APU 2026 / Why Attend

About APU 2026

Annual Pediatric Update 2026 is designed to bring together pediatricians, emergency physicians, intensivists, trainees, researchers, and child health experts for focused learning in Emergency Pediatrics. The conference will highlight practical emergency decision-making, evidence-based updates, hands-on learning, and locally relevant pediatric emergency guidelines.

Why Attend?

- **Learn from expert faculty** - national and international speakers will share practical, evidence-based updates.
- **Strengthen emergency decision-making** - focus on what to do first when every minute counts.
- **Engage in guideline development** - participate in open discussions that will help refine local pediatric emergency guidelines.
- **Present and exchange academic work** - free papers and poster sessions will provide opportunities for research sharing.
- **Connect onsite or online** - APU 2026 offers hybrid participation for wider access and learning.

Audience

- Pediatricians
- Emergency Physicians
- Pediatric Residents & Trainees
- Intensivists
- Researchers & Academics
- Child Health Professionals

A focused academic platform for learning, collaboration, and strengthening emergency pediatric care in Pakistan.

Pre-Conference Workshops

Pre-Conference Workshops

6th August 2026

APU 2026 begins with skill-based, practical workshops focused on real emergency care needs.

How Evidence Becomes Guidelines

Lead: Dr Aamer Imdad (APPNA Peds)
Co Leads: Dr. Irshad Bhatti (PPA), Dr. Zia ur Rehman (UCHS)

Pediatric Surgical Airway & Breathing Management

Lead: Prof. Nabila Talat (UCHS)
Co Leads: Prof. Faisal Qureshi (APPNA Peds), Dr. Naima Zafar (PPA)

Point of Care Ultrasound POCUS

Lead: Prof. Abid Ali Qureshi (UCHS)
Co Lead: Dr Ayesha Akram (UCHS)

Hands-On Pediatric Cardiac Arrest Workshop

Lead: Dr. Wajiha Rizwan (UCHS)
Co Leads: Prof. Adnan Tariq (APPNA Peds), Prof. Aisha Sajid (PPA)

Pre-conference workshops will be conducted in person only.

Plenary Sessions
How Do I Aproach Sessions

7th-8th August 2026

Key Plenary Topics

Pediatric Emergencies at Primary Healthcare Level.
Prof. Durr e Sameen Akram (Baby Friendly Hospital Initiative, Karachi)

Acute Pediatric Heart Failure: Early Recognition and Emergency Management.
Prof. Masood Sadiq (UCHS, Lahore)

Acute Severe Asthma in Children.
Prof. Nasir Rana (UCHS, Lahore)

Developing Pediatric Clinical Practice Guidelines for Pakistan: Why, What & How?
Dr. Aamer Imdad (University of Iowa, USA)

Suspected Pediatric Infections: Evidence-based Decisions in the First Few Hours.
Dr. Ejaz Ahmad (Shifa International Hospital, Islamabad)

How Do I Approach...?

Practical Emergency Decision-Making Sessions

These case-based sessions will focus on first steps, stabilization, timely intervention, and referral decisions in common pediatric emergencies.

- A Child with Fever & Rash
  Prof. Junaid Rashid (UCHS, Lahore)
- A Child with Acute Respiratory Distress
  Prof. Muhammad Hussain (PPA, KPK)
- When to and When not to Transfuse?
  Prof. Saima Farhan (UCHS, Lahore)
- Blunt Abdominal Trauma
  Prof. Nabila Talat (UCHS, Lahore)
- A Child with Stroke
  Prof. Tipu Sultan (UCHS, Lahore)

Local Pediatric Emergency Guidelines

First Time. Local Context.
Shared Expertise.

APU 2026 will feature dedicated sessions for locally relevant pediatric emergency guidelines, developed with expert input and practical emergency care needs in mind.
These sessions aim to create a platform where evidence, experience, and real-world challenges come together to strengthen pediatric emergency care in Pakistan.

Guideline Topics Include

- Status Epilepticus
- Acute Appendicitis
- Diabetic Ketoacidosis
- Septic Shock
- Upper GI Bleed
- Organophosphate Poisoning
- Acute Myocarditis
- Acute Kidney Injury (AKI)

Session Format

- Background & Evidence Landscape
- Guideline Presentation
- Open Forum Discussion
- Expert Feedback
- Concluding Recommendations

Your Voice Matters

Each guideline session will include open discussion. Feedback from participants and experts will help refine and strengthen these guidelines for local practice.

Discuss. Refine. Strengthen Pediatric Emergency Care.

Organizing Committee & Secretatiat



Patron in Chief
PROF. SAJID MAQBOOL
Professor Emeritus UCHS



Patron
PROF. MASOOD SADIQ
Vice Chancellor UCHS President PPA

Organizing Committee

Conference Chair
Prof. Junaid Rashid (UCHS)
Dr. Safdar Sultan Khan (President APPNA-PEDS)

Conference Co-Chair
Prof. Tipu Sultan (UCHS)
Dr. Aamer Imdad (APPNA PEDS)

Conference Secretary	: Dr. Summaya Aftab
Scientific Committee	: Prof. Nasir Rana
Registration Committee	: Prof. Azhar Shah
Secretary General PPA	: Prof. Mohsina Ibrahim

Conference Secretariat

The Children's Hospital, Lahore.
University of Child Health Sciences, Lahore.

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